



## Anna Michailidi

Dietitian – Nutritionist BSc.  
Office & Administrative Coordinator

Anna Michailidi is a Dietitian–Nutritionist and a graduate of the Department of Nutrition and Dietetics at the Hellenic Mediterranean University. In 2021, she completed her internship at Nutrify, where she gained valuable experience working with a wide range of cases. Following the completion of her internship, she continued as a collaborator with Mr. Athanasiadis at the practice.

At the same time, she is responsible for managing Nutrify's social media presence, creating all content both in terms of written material (informative articles, captions, and scientifically evidence-based content) and visual design (development and presentation of creative assets). She also holds the position of Head of Organization and Administrative Support within the practice.

She is certified in anthropometric assessments (ISAK Level 1), further strengthening her scientific expertise and ensuring accuracy in client evaluation. Currently, she is attending a specialized training program titled "Eating Disorders" at the Centre for Continuing Education and Lifelong Learning of the National and Kapodistrian University of Athens, further enhancing her expertise in the field of eating behavior.

In addition, she has attended various educational programs and seminars related to nutrition and lifestyle, allowing her to consistently provide evidence-based and practical solutions tailored to each individual's needs.

She is also the instructor of the "Nutrify Training" service, an educational program focused on portion awareness, the evaluation of daily dietary choices, and the development of practical nutrition skills.

Finally, she offers consultations not only at the practice but also at your location, in cases where visiting the office is not feasible, providing greater flexibility and support.

